

**Southwest Region
CHNS/CHPS
April 2015 Report**

Cheryl Byrd, CHNS

- Presented Emerging Tobacco Products, along with display, to 56 Foster Grandparents of DMEC schools at 3 separate locations. QUITLINE information provided to participants..
- SPRC “After a Suicide: A Toolkit for Schools” provided to Ashdown and Mt. Ida Schools after the loss of a student and teacher to suicide. Toolkit reviewed with SNs at these schools.
- Collaborating with Katy Allison to host a 3-day Lifeline training at DMEC.
- Shared NASN/Epilepsy Foundation webinar opportunity with all SNs and school partners: Managing Students with Seizures in the School-offering 3 CNEs.
- Collaborating with SWR CHNS to host regional SN trainings. Distributed schedule of upcoming workshops for SNs and other school personnel: Statewide conferences (ASNA, New SN Conference), National conferences (NASN Annual Conference), Regional Workshops (504/IEP, Transitions, Pediatric Assessment, Mental health, Mandated Screenings, CPR Instructor Training, Suicide Prevention, TPCP, etc).
- Partnering with Dr. Robert Burns, William Temple and Tamara Baker to present at 2015 APHA/PHNAA conference on topics including Biology of Cancer, Healthy Gums and Lungs; School Based Health Centers and Human Trafficking.

Edie Greenwood, CHNS

- Partnered with Prevention Specialist to conduct a Safety Baby Shower for 10 people in Miller County focusing on infant mortality, infant injury prevention, car seat safety, crib safety, fire/burn safety and safety of children in and around the home. Distributed copies of ACH Injury Prevention materials, the DVD-Period of Purple Crying, bibs and onsies with “Back to Sleep” message. Discussed the harms of second hand smoke to an infant and children. Discussed no smoking in home, car or anywhere around the baby. Gave out the SOS Quitline number Discussed seatbelt use for all people in a car and falls in children and adults in the home.
- Trained the new Blevins School Nurse in Hearing and vision; also provided CPR recertification.
- At the request of Lafayette County Schools, presented information on Respect to over 500 K-12 students in three assemblies. This presentation covered respecting oneself, one’s peers, and adults.
- Spoke at the Regional Tobacco Forum about what the SW Region Support Staff are doing to address tobacco use, both in schools and communities; also discussed strategies for working in the schools. Approximately 18 people in attendance.
- Provided information on tobacco dangers using pamphlets and board with effects of tobacco at the Health Fair in Stamps, AR. There were over 40 people who attended.
- Spoke to 15 at-risk youth about teen pregnancy and STD’s. During the presentation also discussed no tobacco use.

- Partnered with the Nevada County Health Unit for the Nevada County Master Gardner's Annual meeting in Prescott. Had an interactive educational booth and distributed pamphlets about tobacco harms and cessation.
- Partnered with Nevada County Health Unit for the Mind, Body and Soul Health Fair in Prescott. Distributed information on tobacco harms and the SOS Quitline. Over 200 people attended the health fair.

Rhonda McDonald, CHNS

- Over a two day period presented CPR to Seniors at Camden Fairview High School in order to meet guidelines for graduation; day one - 5 classes (125 students) day two - 3 classes (75 students).
- Participated in the Hampton health fair, assisted the LHU administrator with small task (reservations of vendors, etc.). Also co-managed two booths (injury prevention and tobacco). Utilized the PiCo meter to randomly check self-reported volunteers that smoke. Quitline information was given out and several signed up for a fax back referral.
- CE's for ASIST; completed the packet, entered into ATRAIN, and submitted to LR for approval.
- Met with SW CHNS to assist new school nurse to the district with completing mandatory screening. (Vision and Hearing and a few scoliosis).
- Presented to classified staff on heart health at SAU Tech, East Camden (allotted 15 minutes); presented a 2 minute video on "Know Your Numbers." Also provided handouts on blood pressure, cholesterol, BMI, waist circumference, and tobacco use. The Quitline number was given out. Twenty-five participants attended.
- Preparing for upcoming ASIST trainings: have worked several days on the ASIST preparation when spare time was allowed. Liz Mercer and I have met 5 full days to prepare for these three two- day presentations scheduled for May and June.
- Requested and attended an all-day Google Doc's and Zoom training at the co-op in order to stay informed with the latest technology.

Tommie Rogers, CHNS

- Presented to 18 Daycare students at Bright Beginnings Learning Center in Arkadelphia about Oral Hygiene. Used Mr. Dinosaur, large toothbrush, and Mr. Gross Mouth as visuals. Talked about what we use our teeth for, good foods to eat to have healthy teeth, the importance of making good choices and not smoking or chewing tobacco. Also talked about physical activity and did the motions to CD, "Let's Get Funky".
- Participated in the Arkansas Department of Health Minority Health Barber & Beauty Shop Health Initiative held on Saturday, April 11th, at the ABC Beauty College/Cutting Edge Salon in Arkadelphia. Served as a runner and assisted where needed. Also served at the exit table where I helped participants with the post survey and distributed t-shirts.
- Visited with the Arkadelphia School Nurse. Took 50 prom/graduation brochures and 22 "Think, don't drink" bracelets. Also sent 49 prom/graduation brochures and 21 "Think, don't drink" bracelets to the Gurdon School Nurse.

- Participated in the Perritt Primary School Annual Drug Free Walk held in Arkadelphia. Various community leaders (Miss HSU, Miss OBU, Miss South Central, and AHS Homecoming Queen, AHS Football Coach, etc...) were present to talk about how being drug free has made them be successful. The AHS dance team, cheerleaders, and band was also present.
- Attended the Bauxite Wellness Committee Meeting. Anna Haver, CHPS, also attended. There were 6 people present. Looked over the SHI results and assisted the committee to identify some of the things they could do to improve or address the weaknesses that were listed on the SHI.
- Attended the Fountain Lake School District Wellness Committee Meeting. There were 11 people present. Anna Haver explained the basics of the School Health Index (SHI). The committee divided up and assigned the required modules. ; Next meeting will be on May 5th.
- Participated in the 1305 School Meeting held in Little Rock. Paula Smith, State School Nurse Consultant, gave an overview of 1305 Grant. Lisa England, CHNS, gave an overview of BMI and Arkansas data. Cynthia Wilborn, CHNS, spoke about the HATS Assessment. Dr. Mohammad Ilyas spoke about pediatric hypertension.
- Participated in a Meeting with the Bauxite Mayor, Bauxite School District Counselor, and Anna Haver, CHPS. Discussed some of the ideas that the Mayor had after attending the Batesville Mayor's Meeting. Discussed Joint Use Agreement, Safe Routes to School, Kaboom and the community using one of the gyms for walking. Also discussed school having a Community Garden and Greenhouse at the Community Park.

Melissa Kuhn, CHPS

- Met with the Wellness Chair in Union County. Discussed the upcoming Wellness Meeting that will focus on their new SBHC.
- Assisted School Nurse from Harmony Grove School District in planning for the upcoming Family Fitness Fun Night for Ouachita County.
- Attended the Camden Fairview Wellness Committee Meeting in Ouachita County. Discussion was made that modules 1, 2, 3, 4, & 8 of the School Health Index are to be completed in May. I offered suggestions on how to complete this efficiently. Each ACSIP person in all buildings, excluding the middle school, were given SHI modules and score cards. The score cards are being copied and will be given to members of the wellness group in each building. It was suggested that everything could be done online. Any solutions concerning individual issues should be brought directly to the PPC representative in each building along with recommendations.
- Attended the HEALTH Coalition Meeting in Columbia County; attended AHOC in Ouachita County.
- Attended a meeting for the Ouachita County Farmer's Market. Plans are being made for the community gardens and the County wide Farmer's Market that will open on Saturday, June 13th.
- Met with the Steering Committee of the HOPE Coalition of Ouachita County. Created a Power Point introducing the Coalition and explaining its vision and purpose.
- Met with the administrator in Union County, Columbia County and Ouachita County.